

Slowing The Aging Process

Why does a Galapagos Turtle live Hundreds of years, a Sequoia tree for thousands, whereas man only averages 78 years, and our friend the Dog only lasts about 14 years? What makes us grow old and Die?

Studies by such eminent research scientists as **Drs. Denham Harman, William Pryor, and Johan Bjorksten** first uncovered evidence that certain foods release extremely reactive unpaired electrons dubbed "Free Radicals" which attack our system breaking down tissue constituents, cellular membranes and our genetic material, resulting in disease and 'aging'.

Then Scientists at Monsanto's Research Laboratory, investigating an antioxidant incorporated in poultry feed to keep it from spoiling, discovered that the antioxidant properties of santonin slowed the aging process not only of the feed, but the chickens consuming it were living three times their "Normal" Life Span.

The "Free Radical" theory of aging, that certain compounds referred to as Antioxidants, can slow down or even terminate the chain of Free Radical reactions and thus actually slow down the aging process; is now well documented.

As far back as 1966, Dr. **Harman** demonstrated that the life span of mice should be (and was) increased by 45% simply by feeding them diets containing but 1% antioxidants. In human terms, this equated to a life expectancy of approximately 100 years.

Such research resulted in major breakthroughs in the fight against aging. Studies continue with new antioxidants that have been found to dramatically increase life span.