
Ming Cheng Bio/Life Enhancer

INTRODUCING THE MOST INCREDIBLE AND PROMISING HEALTH DISCOVERY OF THE 20TH CENTURY....

Anti-Aging "Return to Youth" Formula

Extensive clinical studies have proven conclusively that this amazing botanical formulation, compounded from pure, whole food extracts of 21 Chinese herbs, possesses near miraculous healing and rejuvenating properties and offers new hope to victims of disabling, debilitating and life-threatening diseases.

Ming Cheng Bio was originally an exclusive formulation produced by the pharmacological research manufacturing center of the Yong Lee Imperial Hospital in Peking. Thousands of exhaustive clinical test for thousands of years by Chinese hospital pharmacological laboratory-ies, involving both animals and humans, were meticulously made and recorded. Different for-mulattoes were tried using varying amounts and potencies until an ultimate blend was formulated giving the statistically highest beneficial result.

Ming Cheng Bio was designated by the Ming Dynasty as a life prolonging, youth maintaining formulation. It was renoun during the rein of the Ming Dynasty for giving untiring stamina and vitality and deterring fatigue, for strengthening the heart and cardiovascular systems, for strengthening and activating the immune system, and for improving resistance to and combating disease. The Ming Dynasty restricted the use of Ming Cheng Bio to the ruling classes of China

Restrictions to the use of Ming Cheng Bio was thought to have been related to the sociological issues of that period of China's history. The population was too great for the agricultural base. And at times there was famine and drought. Use of the formulation by the general population caused a longer lifespan. And the dramatic increase in its longevity and well-being made life in general more difficult for all during periods of famine. As a consequence, the ruling class restricted the manufacture of Ming Cheng Bio to one pharmacological manufacturing facility, the Imperial Pharmacy. It was also felt that the emperors did not want to share their great health secrets with an inferior peasant population.

Dynastic rulers eventually allowed only the ruling classes throughout China to use Ming Cheng Bio. Manufacture of the formulation by anyone, other than the Imperial Pharmacy, was punishable. The growing and cultivation of one of the principal botanical roots used in the formulation was strictly controlled, These practices continued until the eventual fall of the Ming Dynasty.

The original formula was found in recent years when the Chinese government sorted through the medical records which were compiled extensively up through the Ming Dynasty. These formulas were lost when a fire destroyed the records of the Yong Lee Imperial Hospital. This and many other famous formulations were thought to be lost for all time.

The Ming Dynasty health formulations were discovered in 1977. Two Chinese peasants were digging a well. They accidentally tunneled into a cavern. It happened to be the burial chamber of a Ming Dynasty Emperor. This chamber turned out to be a massive tomb. In it were 10,000 full size slay soldiers. All were provided with full, authentic armor. In addition, there were 500 full size brass horses and chariots. The chariots and harnesses of the horses were made out of brass, gold and silver. This was a completely supplied army with everything needed to support it in the field. The alleged purpose of this army was to fight the Emperor's way to heaven through the evil spirits barring the way.

The real find was the hospital attachment to the army. It seems they had manuscripts of the formulations of the Ming Dynasty Imperial Hospital; those that were thought lost in the fire. They also had all the herbs necessary for preparation of the formulas. This made identification of plants easier. One of the important herbs was thought to be extinct buy was found growing wild in China. It was found that many herbal formulas discovered over the years were currently being used in China The Ming Dynasty Imperial formulations validated the claims of secrecy associated with their original use.

The Medical Research Department of China analyzed the extensive records going back thousands of years. The ancient Chinese kept very detailed records. Their tests were very similar to those used in all modern day medical research. They conducted critically-controlled tests, including the accepted double blind studies that are conducted today on all drugs. Thousands of years of test results had been carefully compiled. These records could be easily sorted and evaluated.

As a result of evaluating the tests, as well as a series of new tests undertaken by the Chinese Government, it was proven conclusively that **Ming Cheng Bio** possesses extraordinary healing and rejuvenating properties, dramatically slows down the aging processes and enhances numerous physiological functions.

In their tests, researchers added and deleted some of the ingredients in the formulation. Proportions of the ingredients were also changed. Results coincided with the ancient records. Any changes in the formulation resulted in inferior results compared to the original formulation and proportions. From these follow-up tests it becomes very clear that the accuracy of the formulation must be strictly adhered to in order to achieve maximum effectiveness and benefit.

For many years there have been copycat formulations circulating throughout China and Taiwan, which claim to promote longevity. This is a common occurrence in Chinese medical practice. It is attributed to the exciting life enhancing benefits conferred by the genuine formula.

Unscrupulous companies make fortunes preying upon and fleecing unsuspecting persons who are led to believe they are getting the genuine article. For years certain companies claimed to be in possession of the original Ming Dynasty formulation, and they promoted their wares as such.

When the ancient pharmacological records were found, it was shown that the companies in question did not possess the true formula. Some of the questionable formulations contained a few of the correct botanical ingredients, but none contained all of the necessary **botanicals**. And the ingredients that were correct were, for the most part, disproportionate. Chinese medical researchers have made a great number of scientific tests and determinations in reference to the **Ming Chen Bio** formulation and its effects. Much of their research and testing has been done in the field of molecular biology. The science of scintigraphy and the use of a scinti-scanner aided research and testing. In tests determining the results of non-specific immunity increases, it was found that, **Ming Cheng Bio** significantly influences the production and activity of phagocytes. (1) Additional medical data has shown a significant increase in oxygen intake and utilization by the brain. Research shows that a lack of oxygen is a principle cause of aging and fatigue. Senility supply

People in this test group experience a distinct sensation of youthfulness.

menstruation after taking **Ming Cheng Bio** for two or three months. Those in whom menstruation had ceased for a year or more showed no change in their monthly cycle. -Clinical exams of persons using **Ming Cheng Bio** reveals a significant increase in endocrine gland secretions. It has been clearly established that a decrease in endocrine gland secretions is a major contributing factor in aging. The decrease causes a slowing down of many of the processes that keep our biological systems functioning at peak performance. **Ming Cheng Bio** rejuvenating and anti-aging formulation is an all natural, slow-acting, safe and mild botanical specific prepared from pure Chinese herbs. Its rejuvenating effects are gradual but very pronounced. It is not a fast working, high-energy compound. It contains no artificial stimulants and produces no negative side effects.

The wonderful rejuvenating, health-enhancing benefits resulting from the use of Ming Cheng Bio becomes self evident when one persists in taking it over a two-to-three-month period.

Geneticists are of the opinion that a cell has a genetic ability to duplicate itself a maximum of ninety times. Because of free radical contaminates, which are accumulative during life, cell reproduction is diminished to approximately 60 regenerative cycles even during the course of a longer than average life span. Thus, free radical contaminates reduce the human life span by one third. They also contribute to the breakdown of the immune system. **Ming Cheng Bio helps** remove the contaminates dramatically improving and increasing the number of cellular regeneration cycles. In examining the results of clinical research compiled during the rein of the Ming Dynasty, the Chinese Government noted that, as a result of using Ming Cheng Bio, one's biological age generally did not exceed 60 to 65 years even though the average chronological age of persons using the formula was more than 125 years.

IMPORTANT

Chinese research data indicates that Ming Cheng Bio must not be given to children as it retards maturation.

(1) Any leukocyte that ingests and destroys other cells (such as cancer) microorganisms, or other foreign matter in the blood and tissues.

Latest test results show that Ming Cheng Bio confers the following remarkable benefits:

- A. Increases the amount of SOD (Super Oxide Dismutase) and Catalase produced in body cells. Levels are actually increased to that of a person in his/her early 20's. These enzymes actually neutralize the free radicals that age cells, weaken the immune system, erode the DNA and "cause" cancer. Most of the body's vital systems are weakened and caused to age by the presence of free radicals, which are neutralized by the aforementioned enzymes. As the body gets older the production of the enzymes severely diminishes, making the body extremely vulnerable. The aging process is speeded up even more, followed by numerous other **afflictions**.
- B. Reverses arteriosclerosis. This is accomplished by lowering blood lipids (fats). Test results show that cholesterol's is reduced by 42%. The most life threatening factor, triglycerides are lowered by a whopping 89%; B-lipoprotein in the blood is reduced by 54%; 40% of the cholesterol lining the arteries and 52% of the triglycerides in the liver is removed.
- C. Improves memory, intelligence and reasoning ability.
- D. Reverses senility. Ming Cheng Bio increases the production of enzymes which reduce the amount and vitality of monoamine oxidase-B (MAO-B) in the brain. MAO-B levels are low in young people but gradually build up with age. People with high levels experience gradually increasing senility. It seems MAO-B blocks vital brain functions.
- E. Protects the thymus gland. Thymus deterioration has been established as one of the major causes of aging in women. Also regulates the entire endocrine system.
- F. Strengthens the immune system and enhances its functioning. Maintaining a strong, healthy, properly functioning immune system is a vital factor in preventing viral infection and damage to other systems.

REVIEW OF PRINCIPLE BENEFITS DOCUMENTED BY EXTENSIVE CHINESE STUDIES.

- 1. Increases vitality.
- 2. Improves overall health and well-being
- 3. Increases longevity, intelligence, mental functioning and reasoning powers.
- 4. Strengthens the immune system.
- 5. Destroys free radicals - The cause of aging and damage to all the vital organs of the body.
- 6. Postpones the onset of aging and slows the aging process.
- 7. Increases oxygenation of the blood and brain.
- 8. Eliminates or greatly reduces fatigue.
- 9. Preserves and or enhances sexual functioning.
- 10. Promotes soundness of sleep.
- 11. Protects the thymus gland and regulates the entire endocrine hormonal system.
- 12. Reverses senility.
- 13. Reduces blood lipids (fats), cholesterol, triglycerides and B-lipoprotein and helps prevent vascular and arteriosclerosis.

14. Strengthens the heart and cardiovascular system and improves heart action.
15. Improves memory.
16. Enhances non-specific immunity and helps build resistance to diseases.
17. Increases oxygen intake and utilization at the cellular level.
18. Helps prevent flaccidity of muscles.
19. Reduces monoamine oxidize-B (MAO-B) in the brain which blocks vital brain functions; causes depression and memory loss.
20. Helps healthy persons maintain their health and overall sense of well-being
21. Increases the production and activity of phagocytes. (See preceding footnote.)
22. Helps remove afflictions and suffering due to certain factors which contribute to the aging process.

REPORT ON SCIENTIFIC EXPERIMENTS MADE, BY THE CHINESE GOVERNMENTS MEDICAL RESEARCH CENTER, IN ORDER TO VERIFY DOCUMENTED CLINICAL RESULTS-OBTAINED FROM THE USE OF "MING CHENG BIO" - AS STATED IN THE PHARMACOLOGICAL RECORDS OF THE YONG LEE IMPERIAL HOSPITAL OF PEKING. SAID RECORDS WERE MADE DURING THE REIN OF THE ANCIENT MING DYNASTY.

In the effort to verify the clinical results, which were documented in the records of the Yong Lee Imperial Hospital, it was not possible, due to the discovery of the Ming *Cheng Bio* formula in recent years, to test the formulation over the length of a human life span. Therefore, many thousands of animals having relatively short life spans were used to verify the formulas' effect on longevity.

In one controlled study, the formula was tested on 10,000 rabbits. Other tests were made on 15,000 white mice, 6,000 rats, 1,000 dogs and 600 chickens. Tests were also conducted on insects. Another controlled test group consisted of 12,000 newly hatched silk worms. Thousands of human beings were tested in myriads of different life and health related functional performance rated clinical evaluations.

All tests were carefully controlled and monitored using accepted double blind testing procedures and methods.

RESULTS OF TESTING MING CHENG BIO ON ANIMALS, INSECTS AND SILK WORMS:

- A. All control groups showed an increase in life span in excess of 30%, ranging from 30.2 to 35.7%.
- B. Productivity was significantly increased. For example: silk worms increased their production by 35.8%.
- C. Resistance to heat and cold was improved by 23.1% in newborn animals.
- D. Memory was increased by 15.7%, intelligence by 11.2%.

RESULTS OF TESTS PERFORMED ON HUMANS:

They verified the principle benefits previously outlined, which were documented by extensive Chinese clinical studies.

DISCLAIMER

This article on Ming *Chong Bio* has been written and presented to you strictly for informational and educational purposes. The Information conveyed herein is based solely on ancient pharmacological records of the Yong Lee Imperial Hospital of Peking, which were made during the era of the Ming Dynasty. Previous medical records evolved the many previous dynasties for thousands of years. Information is also based on modern day Chinese medical research, clinical tests analyses and evaluation. In no way should the information revealed here be construed as an endorsement, recommendation or prescription for the use of Ming Cheng *Bio* as a healing or curative specific for or in relation to any pathology. The information herein presented should not in any manner be used ~~asa~~ substitute for the advice of your own physician.

You should not consider the information, data and Chinese medical findings conveyed herein to be the practice of medicine.

The value of and the benefits and results derived from the use of Ming *Cheng Bio* is subjective due to variable individual health factors and metabolic differences which tend to make the formula more or less adaptogenic. Therefore, no guarantees of any kind are made or implied as to any specific benefit or result. Testimonials from enthusiastic users are for your information only and are not meant to imply that you will experience similar benefits or results.

In acting upon the information presented in this article, you, the reader, should understand that you are acting with full knowledge that a medical professional should be consulted for medical problems.

MING CHENG **BIO/LIFE** ENHANCER QUESTIONS & ANSWERS

1. WHAT DOES MING CHENG **BIO /LIFE** ENHANCER ACTUALLY DO? There are a large variety of ingredients in the formula. Every major organ and system in the body is affected. The different ingredients either work specifically or in conjunction with each other. They revitalize by activating various mini-systems that have become dormant or less productive with age. These mini-systems in turn activate and recharge the major organ or system; making it function normally or better in some cases.
2. IS MING CHENG **BIO/LIFE** ENHANCER SAFE FOR EVERYONE? Yes. **All the ingredients are natural** and have been extensively tested both recently and for thousands of years by the Chinese.
3. CAN A PERSON TAKE TOO MUCH? No. There have been many people who have taken the whole month's supply at one time in hopes of building up the body more quickly. While this is wasteful and not necessary, it is not harmful. Many people double or triple dose for the first month or two.
4. HOW DOES MING CHENG **BIO/LIFE** ENHANCER SLOW THE AGING PROCESS? We age because certain systems no longer produce ample amounts of body chemicals to neutralize factors that deteriorate the body. By building the body up with revitalizers for those deteriorating systems, those essential factors can be produced.
5. DOES A PERSON EXPERIENCE MORE ENERGY FROM MING CHENG **BIO/LIFE** ENHANCER? No. It is not an energy stimulant. You become much healthier. Your natural systems are built up and can withstand more. Consequently, you **will** work longer without fatigue. You will feel stronger and more alert. Your mind and body will respond more quickly. You may mistake this for energy. It is not. It is strength, health and sustained responsiveness.
6. WHAT HAPPENS IF ONE STOPS USING MING CHENG **BIO/LIFE** ENHANCER? You will not crash back. Your natural systems are now stronger and functioning more normal. As the revitalizing formula is not provided, the systems start to slow down and return to their slower pace. All in all, they are still better off and more functional.
7. CAN A PERSON ON MEDICATION, OR A DIABETIC, USE MING CHENG **BIO/LIFE** ENHANCER? Yes. There is nothing to interfere with any medications. You may want to show the active ingredients to your physician to be safe.
8. HOW LONG BEFORE ONE CAN SEE RESULTS? It all depends on your own biology. Healthier people take longer. It is because their systems are better and they don't have major changes taking place. Most people start to notice their strength and stamina has increased at between 2 to 3 months. Some as early as 2 to 3 weeks.
9. SHOULD A PERSON USE MING CHENG **BIO/LIFE** ENHANCER IF THEY ARE TRULY HEALTHY. Yes. Healthy or not we all age. We are also susceptible to many afflictions. Unlike western medicine where a symptom is cured; traditional Chinese practices build up the body to prevent the occurrence of afflictions. Prevention is a better philosophy than having to cure.
10. SHOULD A PERSON KEEP TAKING VITAMINS AND SUPPLEMENTS? If they are prescribed by a doctor, yes. If not, you may find that you will be able to drastically cut back or totally eliminate them. With Ming Cheng **Bio/Life** Enhancer, the body is so much more efficient that many supplements are not needed.

11. DOES A PERSON NEED TO WATCH THEIR DIET WHEN USING MING CHENG **BIO/LIFE** ENHANCER? No. Avoid radishes, cucumbers, pickles or anything in those families of vegetables. They are not harmful, but ingredients in them neutralize the positive effects of Ming Cheng **Bio/Life** Enhancer.

12. WHAT IS THE BEST METHOD FOR TAKING MING CHENG **BIO/LIFE** ENHANCER? On an empty stomach and at **least 1/2 to 1** hour before a meal. At night, the last thing just before going to bed.

13. WHAT ARE THE HIGHEST LEVELS A PERSON CAN TAKE FOR THE BEST RESULTS? You will get excellent results if you take 3 to 5 tablets twice a day. Best results are obtained if taken 3 times a day. You can take up to 10 tablets each time. Anything over that amount gives little added help. There is no harm done if more than 10 are taken; but little effect results from dosages higher than that.

14. IF A PERSON EXERCISES OR IS ON A DIET DO THEY DO ANYTHING DIFFERENTLY? You may want to slightly increase your daily dosage to support better bodily functions.

15. AT WHAT AGE CAN A PERSON START USING MING CHENG **BIO/LIFE** ENHANCER? It depends on your own biology. When you have stopped growing, usually in your early twenties.

16. WHY DO WOMEN NEED TO DOUBLE UP ON THE DOSAGE TWO OR THREE DAYS BEFORE AND THROUGHOUT THE MENSTRUAL CYCLE? Because the hormonal changes are tremendous. Many systems are upset and damaged. Ming Cheng **Bio/Life** Enhancer has a balancing and protecting nature against these factors. Women will find that their cycle will be much easier and less traumatic.

17. DOES A PERSON WITH A HEART CONDITION OR WHO MAY BE SUSCEPTIBLE TO A STROKE **NEED TO** BE CAREFUL ABOUT USING MING CHENG **BIO/LIFE** ENHANCER? No. Some of the factors that cause heart conditions and strokes are improved through the use of Ming Cheng **Bio/Life** Enhancer.

Ming Cheng Bio/Life Enhancer

Ming Cheng Bio is manufactured from a well processed, pure, natural plants through extraction and concentration. Early in the Ming Dynasty a pharmacologist Li Shi Zhen, wrote in his book: Compendium of Materia Medica Ming Cheng Bio is chiefly indicated in relieving cardiac pain, enriching blood and vitality, blackening hair and beard and maintaining high complexion. Long-term administration can strengthen sinews and bones, nourish marrow and sperm and prolong life. During modern medical science advances, many clinical animal experiments have shown that Ming Cheng Bio not only has distinctive actions of reducing blood lipid and preventing the deposit of cholesterol and arteriosclerosis, but also the actions of anti-aging and regulating the immune system. In recent years it has been widely used to prevent and treat cardiovascular diseases, and it is clinically and highly accepted as a natural anti-aging remedy by consumers.

I. THE PHARMACOLOGICAL ACTION:

A. The pharmacological Actions of Reducing Blood lipid and Preventing Arteriosclerosis:

Hyperlipidemia is the most dangerous factor in the cause of arteriosclerosis. The experiment of acute hyperlipidemia model with rabbit shows Ming Cheng Bio can reduce cholesterol in plasma to a normal level. It was given to the rabbit for seven consecutive days, the concentration of total cholesterol in plasma is **88*11mg%** as compared with **130*12mg%** in the control group. The experiment of quick arteriosclerosis model with quail shows that Ming Cheng Bio can reduce 42% of the total amount of cholesterol, 89% of triglyceride and 54% of B-lipoprotein in blood; 40% of cholesterol in aorta and 52% of triglyceride in liver. It has been confirmed by experiment that the anthraquinone compound in Ming Cheng Bio can promote enteroenterostasis, prevent the re-absorption of cholesterol in the intestine and improve the metabolism of cholesterol. Its biphenyl-alkaline compound has also been shown to reduce cholesterol in the blood of a rat. Its lecithin can prevent the deposit of cholesterol in the liver and thus avoid retention of **lipoid** in serum and permeation into arterial intima therefore reducing arteriosclerosis.

B. The Pharmacological Actions of Anti-aging:

According to the traditional Chinese medicinal theory, Ming Cheng Bio has effective functions of blackening hair and beard, maintaining good complexion and strengthening sinews and bones. Modern scientific theory has proven that as aging occurs, the content and vitality of super oxide dismutase (SOD) in the body is decreased and the vitality of monoamine oxidase3 (MAO-3) in the brain is increased. However, Ming Cheng Bio can protect SOD and suppress MAO-B. In addition, it also has the function of protecting the thymus and regulating the immune system. The experiment showed that Ming Cheng Bio and its preparations can prolong the periods of growth of diploid cells. The comparison observation, using a scanning electron microscope on the cells given Ming Cheng Bio and control cells, proved that the former grew vigorously and the latter showed senility and degeneration.

II. THE CLINICAL EXPERIENCE:

Since July of 1984, our factory has cooperated with the Medical Association for the Aged of Jin An District in Shanghai, for clinical observation of our Ming Cheng Bio on its function of reducing blood lipid. Fifty-three (53) cases with serum cholesterol (TC) over **250-mg/dl** and serum triglyceride (TG) over **150mg/dl** were chosen and divided into two groups. Ming Cheng Bio and Rhizome Dioscoreme Tablets were given using the double-blind method. The results of the comparison were that both tablets could reduce the TC level, but only Ming Cheng Bio could reduce the TG level. Rhizome Dioscoreme Tablets had no remarkable effect on reducing the TG level.

III. ADMINISTRATION:

5 tablets, three times daily, to be taken orally.

Ming Dynasty Formulas

Receive Recognition as Official Formulas of the Chinese Government

THE MEDICAL RESEARCH DEPARTMENT OF CHINA recently **reaffirmed** the validity of the Ancient Chinese Herbal Formulas. The Medical Department of the government ran extensive tests to confirm claims found in medical records uncovered in the excavation of the Ming Dynasty Imperial Hospital (featured in the April 1978 issue of National Geographic).

CHINESE GOVERNMENT TESTS CONFIRM ANCIENT CLAIMS OF:

1. Enhancing immunity
2. Increasing oxygen intake
3. Strengthening cardiovascular system
4. Improved memory and mental capacity
5. Strengthening vital energy
6. Lowering cholesterol

After extensive Double Blind tests, done with human as well as animal subjects, the government medical department has actually verified the wisdom of the ancient Chinese herbalists whose testing procedures were, in fact, very similar to those used in present day research.

Manuscripts thought to have been lost in the famous fire at the Yong Lee Hospital during the Boxer Rebellion in 1900, were rediscovered containing information on all the herbs necessary for preparations of the formulas. One of the most important herbal ingredients thought to be extinct, was found growing wild in China.

The Medical Research Department analyzed the extensive records going back literally thousands of years. The ancient Chinese kept very detailed records. They conducted very controlled tests, including the accepted double blind tests used today. Therefore, thousands of years of tests had been carefully compiled.

As a result of evaluating these tests and a series of new tests recently completed, the researchers reported that this product has a significant effect on the maintenance of youthfulness and the postponement of aging.

Using modern German electronic methods of evaluation, it has been possible to independently confirm the extraordinary effectiveness of these formulas. The perfect balance of herbs refined over hundreds of years, seems to provide an unusual blend which is active in the majority of people tested. These formulas tested distinctly superior to comparable nutritional or herbal formulas.

At the request of several practitioners Apex Energetics has been studying the claims that have been made by the Life Enhancer formula. Samples of the formula have been put to test by experts in the field of energetic testing, in particular the **VegaTest** method. The response from our research doctors, including Dr. Roy **Martina** has been so positive that Apex Energetics has decided to market this formula as a complementary herbal supplement to our detoxification products. The Life Enhancer formula is an overall protective formula that not only helps in reducing the Biological **AgeScore**, but also helps in keeping it low.

Apex Energetics

(8 18) 243-5336

144 S. Maryland Ave., Suite 208, Glendale. CA 91205