

CHANNEL 4 NEWS  
 presents  
**What's**  
 in your  
**MAKEUP?**



Reported by  
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INGREDIENTS TO AVOID...

*Liquid Foundation*

Mineral Oil  
 Petrolatum  
 Isopropyl myristate

*Powder Foundation*

Talc  
 Zinc Stearate

*Mascara*

Waterproof every day  
 Lacquer

*Blush*

Talc  
 Zinc Stearate  
 Mineral Oil

*Lipsticks*

Most drug store brands too drying (the less expensive, usually the fewer emollients)

REASONS...

Clogs pores  
 Non-absorbed, clogs pores  
 Comedogenic (causes skin to breakout)

Carcinogenic (when inhaled)  
 Carcinogenic

Eyelashes will fall out over time

Carcinogenic  
 Carcinogenic  
 Clogs pores

*Other Ingredients to be aware of*

CREAMS AND LOTIONS

GENERALLY BAD

Petrolatum  
 Mineral Oil  
 Isopropyl Myristate  
 Triethanolamine  
 Carbomer 34 & 39  
 Coconut Oil  
 Cocoa Butter

GENERALLY GOOD

Water  
 Squalane  
 Tocopherols  
 Dimethicone  
 Natural Vegetable Oil  
 Aloe Vera  
 Triglycerides  
 Cetyl Alcohol

CLEANSERS AND TONERS

Alcohol  
 Propylene Glycol  
 Sodium Laureth  
 Sodium Lauryl Sulfate

Aloe Vera  
 Sucrose Cocoate  
 Glyceryl Cocoate  
 Witch Hazel  
 Herbal Extract  
 Seaweed Extract

Source: Zia Wesley Hosford, 800-334-7546

Also recommended: A Consumer's Dictionary of Cosmetic  
 Content, by Ruth Winter, Crown Publishing